

It's time to chill out

HECTIC lifestyles and long working weeks have generated a new Sunday bar culture that's gripping the UK and Newcastle is no exception! Appealing to those who believe in making the most of their weekend, our city has an array of bars that ensure you can enjoy the ultimate Sunday experience. Relaxing in a stylish city bar surrounded by the Sunday papers and chilled-out lounge music, getting over the excesses of Saturday night. If this sounds like you, let us know which bar is your favourite for a the best Sunday Chill out in town.

The search is now on for Big Tom's Best Sunday Chill Out Bar in Newcastle 2004. The winner will go forward for a national final and may eventually become the best Chill Out Bar in the UK. The winning bar will also receive a plaque to proudly display on their walls plus two day passes to chill out day at Seaham Hall's Serenity Spa. So let us know what you think and you could be in with a chance to win the ultimate chill out experience at one of the UK's top spas - Seaham Hall's Serenity Spa. One lucky nominator will win a 'Time to Spa' day for two people which includes full use of the beautiful spa with facilities such as the ozone-cleansed swimming pool, the exotic Steam Room, the serene Sauna and Serarium,

Hydrotherapy Bath, Hamman, Plunge Pools and Outdoor Hot Tubs (for the ultimate invigoration). There's also use of the fitness suite, aerobic studio and a chance to try out the innovative Soundwave Therapy.

All this plus a delicious lunch at the Ozone Thai restaurant with food prepared by top trained chefs. Log on to www.seahamserenityspa.com to find out more. The winner will also win a case of Big Tom spiced tomato juice to enable them to chill out at any time!

So which is your favourite Chillout Bar in Newcastle? Is it the perfect place to recover, chill out with friends and recoup ready for Monday morning? Has it got a relaxing atmosphere, comfy sofas, delicious food and a range of therapeutic alcoholic drinks such as a Bloody Mary?

If you've made your mind up, why not enter your favourite bar and it could become Best Chill Out Bar 2004!

To enter, you can fill in the form opposite and send it to Chill Out Bar, c/o Jennifer Bradbury, Features Department, Evening Chronicle, Groat Market, Newcastle upon Tyne, NE1 1ED or via the Big Tom Website on www.bigtom.co.uk. In no more than 30 words, let us know why your bar should win...



Chronicle Chill Out Entry Form

NAME _____

ADDRESS _____

EMAIL _____

TEL NO. _____

NOMINATED BAR AND ADDRESS _____

WHY IS YOUR BAR THE PLACE TO CHILL OUT ON A SUNDAY AFTERNOON (IN NO MORE THAN 30 WORDS)?



BIG TOM

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