



*Big Tom Spiced Tomato
Juice (£2.35 for 750ml)*

MADE with 95 per cent tomato juice and 20 different ingredients, it has a Royal Warrant from the Queen.

Natalie says: 'Tomatoes have been in the news in the past few years for their anti-cancer properties. They are rich in a powerful antioxidant called lycopene. Big Tom contains a range of spices which are warming and cleansing — as well as onion and garlic which are good for a liver that needs detoxing. It's also quite a filling drink so could help people stick to their New Year diet plans.'

Available from Sainsbury's, Waitrose, Majestic Wine and Oddbins.

Health rating: 3.5/5



BIG TOM

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