

Red devil

If you find it hard meeting your five-a-day quota of fruit and vegetables, grab a bottle of Big Tom Spiced Tomato Juice, which has a spicy kick and plenty of health-promoting lycopene. One large bottle contains no less than ten tomatoes piquantly flavoured with 20 herbs and spices. It's great on its own, but try it with a splash of vodka or stirred into pasta sauces. Pick up a 75cl bottle from Sainsbury's or Waitrose for £2.29.



BIG TOM

Food and Travel magazine
April 2007